
Keeping the Conversation Going - A Collective Voice

Date: June 12th, 2019, 1 - 5 pm

Venue: Lecture Theatre 1, Level 2, New Lister Building,
Glasgow Royal Infirmary, 8-16 Alexandra Parade,
Glasgow G31 2ER

Galvanising arts and health across Scotland within a national perspective. A relaxed seminar bringing professionals from Scotland's arts and health sectors together to hear about developments in England, Ireland and Wales, and to discuss a way forward for Scotland.

We will hear from AHS working group members on work so far and from guest speakers on arts and health developments in their region, these experiences, ways of working and insights. In the final part of the seminar we will consider what elements Scotland's arts and health sector requires in moving forward.

When we speak with a collective voice, policy makers hear, understand and value the sector. (Culture Counts)

Produced by Arts + Health Scotland in partnership with Voluntary Health Scotland and Art in Hospital. With thanks to Creative Scotland and NHS Greater Glasgow and Clyde for support towards visiting speakers.

Background

The arts and health sector in Scotland is vibrant and diverse. In February 2016 an open meeting in Dundee invited organisations, individuals and agencies working across the country to discuss their common ground and identify shared targets.

From there a number of volunteers agreed to move forward as a working group to advance these targets, loosely titled as the Arts + Health Network Scotland (AHNS). The current working group is formed of people from the sector who have, over the past few years, requested to be on the emailing list, or followed the Facebook page, and then volunteered to take on work which made steps towards the agreed targets.

More recently there have been several national developments, including the emergence of the next *Cultural Strategy for Scotland*, Voluntary Health Scotland's *Get the Picture: Culture, Health and Wellbeing* conference and the work of the Culture, Health and Wellbeing Alliance following the report titled *Creative Health: The*

Arts for Health and Wellbeing, all of which are influencing an evolving and emerging landscape.

Following the seminar there will be a business meeting to legally constitute Arts + Health Scotland as a Voluntary Association and appoint a management committee. Any person with an interest in joining the management committee and influencing the constitution is welcome to attend this business meeting. Volunteers for the committee and changes to the proposed constitution must be submitted by email 14 days in advance of the seminar. For further details please see www.artshealthscotland.co.uk

Speakers and Chair

Chair

Robbie McGhee, Art in Hospital and AHS working group member

Robbie has over twenty five years experience working in the area of arts, mental health and wellbeing, as a practitioner and now in research, funding and development. He is currently Associate Director with Art in Hospital and a Research Associate at Glasgow University, School of Medicine. He previously worked at local and national government Creative Scotland (2007-2011) and led on the development of Scottish Government National Arts, Mental Health and Wellbeing Strategy.

Speakers

Dr Jenny Elliot, CEO Arts Care, Northern Ireland

Jenny is Chief Executive Officer of Arts Care and Artistic Director of integrated dance companies in healthcare, Orbit Dance, Black Widows Dance Company and Kompany Maine. She is an active contemporary dance practitioner and researcher. In partnership with Health and Social Care Trusts throughout Northern Ireland, Arts Care engages a team of Artists-in-Residence, ClownDoctors and many project artists who facilitate and co-ordinate participatory workshops and performances.

Nikki Crane, FRSA, Independent Arts Consultant

Nikki trained in dance and has over twenty five years experience working in the arts, first as a practitioner and then in funding and development. Whilst at Arts Council England (2000-2007), she led the development of their first national strategies for Arts and Criminal Justice and Arts and Health, working across government departments and agencies and with cultural organisations of all scales.

Most recently as Head of Arts Strategy at Guy's & St Thomas' Charity (2012-2017), she developed and funded a portfolio of arts and health programmes both in hospital and community settings working in partnership with clinicians, researchers and local commissioners.

Nikki is currently working with King's College London developing their vision for arts & health with leading academics across a range of disciplines. She also continues as an advisor for the All Party Parliamentary Group (APPG) for Arts Health and Wellbeing following up the recommendations of the '*Creative Health*' Inquiry and is advising The Mayor's Office on developing arts & mental health and social prescribing strategies across London.

**Angela Rogers, Coordinator Wales Arts Health & Well-being Network
(VIDEO PRESENTATION)**

Angela Rogers is Development Coordinator for Engage Cymru delivering projects and training for the visual arts sector in Wales including arts interventions with the health sector. Alongside this role she coordinates the Wales Arts Health & Well-being Network.

The Network, set up initially with ACW Sharing Together Network funding, now receives ACW strategic funding supporting it to develop its services and resources and underpin the activities of those working in the sector across all art form practices. The Network has grown to over 300 members, representing arts organisations, health boards, academics and creative practitioners and acts a hub for sharing skills, knowledge and expertise; providing peer support; encouraging collaborative working; sharing resources and developing partnership working.

Claire Stevens, Chief Executive, Voluntary Health Scotland

Since her appointment in 2012 Claire has led a programme of change that has seen VHS build a reputation for punching above its weight as Scotland's national intermediary for health charities and other third sector organisations with an active involvement in health matters. Under her leadership VHS has set out to close the health inequalities gap by making it 'everyone's business' and to realise the vision of a healthier, fairer Scotland served by a thriving voluntary health sector. As part of this drive, VHS has led a series of national conversations on culture, health and wellbeing, designed to foster stronger engagement, understanding and collaboration between the arts, health and third sectors.

On behalf of VHS Claire is Secretary to the Cross Party Group on Health Inequalities and sits on the Scottish Government Implementation Group for the national loneliness and social isolation strategy, A Connected Scotland. She also sits on the Public Health Reform Oversight Board and the Scottish Public Health Network Advisory Board. During her 38 year career Claire has held a wide range of executive and non-executive roles in Scotland's third and public sectors in a career spanning welfare rights, homelessness, older people, children and young people, and social action. She is an ACOSVO Fellow and currently a Trustee of the charities Impact Funding Partners and Bridgend Farmhouse.

Chris Fremantle, Senior Research Fellow and Lecturer, Gray's School of Art

Chris is a Producer and Researcher who has worked on seven hospital projects and has published and presented extensively on artists working in healthcare contexts. His research has focused on the role of artists in public life - he worked on The Artists as Leader - as well as the ways in which artists collaborate with other stakeholders. He is currently working with colleagues across Scotland to develop a research network to support practice and policy. He also works on environmental themes and established ecoartscotland in 2010.

Programme

- **Registration** **from 12.40**

- **Welcome – Arts + Health Scotland** **1pm - 1.10**
Chair: Robbie McGhee, Art in Hospital & AHS working group member

- **WHAT WE KNOW NOW** **1.10 - 2pm**

Sharing what has been learnt so far; a picture of developments across the UK; setting the stage for a Scottish response.

Panel discussion preceded by a short intro from each panel member, followed by questions and discussion from the floor.

Panel members: Claire Stevens, Voluntary Health Scotland; Nikki Crane, Independent Arts Consultant; Jenny Elliot, CEO Arts Care and Chris Freemantle, Gray's School of Art and AHS working group member. A video presentation will also be shown from Angela Rodgers, Coordinator Wales Arts Health & Well-being Network. Chaired by Robbie McGhee, Art in Hospital.

Questions and further discussion from floor.

• **RESPONSE** **2 - 2.40**

What are the key messages that can be passed onto policy and decision makers regarding arts and health in Scotland, reflecting and responding to what we know and what we have heard?

Six round table discussions hosted by AHS working group members (30 mins).

Feedback to the floor – each table to give an overview (10 mins).

COMFORT BREAK & REFRESHMENTS **2.40 - 2.55**
Please do not bring food or drink into the lecture theatre

• **WHAT ELEMENTS ARE REQUIRED?** **3 - 4pm**

Those that have attended Arts + Health Scotland gatherings have strongly called for the ability to share information, research and evaluation. What are the best ways to do that and to put forth our collective voice when required?

Three focus tables. Participants cycling each 15 minutes to allow for everyone to have opportunity to feed into each:

Table 1/ Who are the key partners and what strategic relationships are required?

Table 2 / How best to communicate – among ourselves, with partners and decision makers?

Table 3/ What practical elements are needed to best share information, research and evaluation?

Feedback from each table at the end of the session.

THANKS & CLOSE **4pm**

The key points of this seminar will be documented and a digital report will be circulated on the AHS website, Facebook page, to attenders and participants and to those on the AHS mailing list.

REFRESHMENTS

4 - 5pm

Have another cup and talk to fellow arts and health professionals in the breakout area outside the Lecture Theatre.

Alternatively volunteer to be part of the new Arts + Health Management Committee!
Read on...

GOVERNANCE

4.15 - 5pm

Currently AHS has no legal structure. Following the seminar there will be a short business meeting to form a Voluntary Association. We will agree a draft constitution and appoint a management committee. This meeting will conclude at 5pm and be chaired by Joanne S. Brown, Generation Arts. Please remember no food or drink is allowed in the Lecture Theatre.

Anyone from our mailing list is eligible to volunteer to be part of the new management committee. The draft constitution is available to download from www.artshealthscotland.co.uk If you wish to propose changes to the constitution or volunteer to be part of the management committee you should do so **by email 14 days in advance of the meeting** to Joanne - generationarts.coordinator@gmail.com You are strongly encouraged to attend this business meeting if you are volunteering or proposing changes to the constitution.

Please be aware if you propose changes to the draft constitution you will be asked to speak to the floor on your proposal so that those present can be best informed. There will be a vote and the majority decision will stand.

A date will then be set for the inaugural committee meeting where the constitution will be adopted and Office Bearers appointed.